



# Heart Beat Newsletter

Zion United Methodist Church  
*In the heart of Whitehouse*



**January, 2020**

## **Pastor Carol's Comments**

Marc and I have been watching a PBS series called "Poldark." One of the characters is often seen honing his boxing skills, because he anticipates having to fight another character. Thank goodness, we're not likely to find ourselves in that situation! But, several times in the letters to Timothy, the writer (it's not known if it was Paul or someone writing in his name) speaks of "fighting the good fight of faith." We often find ourselves "fighting" against things that can draw us away from God. How will you keep yourself in top "fighting form" this year? John Wesley suggests this training regimen: Do no harm. Do good. Stay in love with God through prayer, worship, study, fasting, and taking Communion. The articles below describe ways you can improve your spiritual fitness level. May we all go "from strength to strength" in the coming year.

### Valentines's Day Cookies

We will again be distributing cookie platters to our community's public servants as an expression of our care and appreciation for all they do. This year, they will need to be distributed the same day as our Ham Loaf dinner (2/13), so please plan accordingly! I can tell you that these platters are greatly appreciated by those who serve us so well!

~~ Pastor Carol



## **News Around Zion**

### TAP Fellowship Dinner

Our January TAP dinner will be Wednesday, Jan. 22, at 5:00 following TAP. We will serve lasagna, garlic bread, salad and desserts. We can use your help providing items, setting up and cleaning up. Please sign up on the form in the narthex or contact Pat Jones. Note – if school is cancelled due to weather, we will cancel this dinner also.

### Mission News

Thank you to everyone who provided Christmas assistance to families in need this year. With the help of our many community partners, 24 families had a happier Christmas. In addition to gifts of toys, clothing, and gift cards, each family received a bag of food including a ham, potatoes, pie crust, and pie filling.

We are currently collecting blankets, hats, scarves, and gloves to be distributed in Toledo during the next month or so.

### New Short Term Study: "Growing Closer to God"

No matter how close we feel to God, we can always grow closer. There are many ways to do this—some time-honored and some new. Pastor Carol will share with us a variety of ways that can help us deepen our relationship with God. We will meet on Thursdays at 6:30 p.m., 1/16 – 2/6. No book is required. Just come with a heart willing to try new ways of relating to the God who wants to be in relationship with you! Please sign up in the narthex so Pastor Carol will know how many to prepare materials for. Can't make all the sessions? Come to the ones you can!



**News Around Zion (continued)**

Growing as Christian Leaders

We are *all* Christian leaders, and our 2020 District Leadership Development Day offers many opportunities to learn new skills and sharpen old ones. It will be held on Saturday, 1/25, from 8:30 am - 2:30 pm at Maumee UMC, 405 Sackett. St., in Maumee. Cost is \$10 and includes the keynote address, two workshops of your choice, and lunch. Registration is open until 1/17. Register by mail (some forms will be in the narthex) or register online at

<https://www.maumeewatershed.org/district/maumeewatershed/event/leadership-development-day-2020>.

Choose from the following workshops: Be a 21st Century Good Samaritan; Brain Development & Faith Integration of Young Persons; Building A Legacy at Your UMC; Creating Safety & Security in Your Church (PM only); Engaging Younger Generations; Financial Education Opportunities; Preparing for Active Threats (AM only); SPRC & Smart Goals. The brochure with more information is posted on our web site under "Events."

Got E-Waste?

We will hold our 3<sup>rd</sup> Annual Electronics Recycling Day on Saturday, January 18, from 10 – 2. Start collecting your old electronic devices, and plan to be at the church to help our neighbors unload their cars and vans.

Devices that will be accepted include computers, servers, monitors, displays, networking hardware, cell phones & PDAs, stereo equipment, printers, scanners, projectors, speakers, memory, cameras & camcorders, keyboards & mice, video game consoles, storage devices, and flash drives. Household batteries in Ziplock bags will also be accepted. (Sorry: TVs of any kind, CRT Monitors, refrigerators, dehumidifiers, light bulbs, or household appliances cannot be accepted.)

Studies show that as many as 100 million consumer electronics items become obsolete every year, and the amount of e-waste is growing almost three times faster than overall municipal waste. Keeping electronics out of landfills and reusing the components is one way we can honor our role as stewards of God's creation.



**Church Information**

**Pastor Carol Williams-Young**  
**10926 Maumee St. P.O. Box 2457**  
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**Worship at 10:25 a.m.**  
**Sunday School at 9:00 a.m.**

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**Find us on Facebook: whitehousezionumc**

**Website:**  
<http://www.zionumcwhitehouse.org>

**Upcoming Events**

- Jan. 7 & 21 - Food Pantry, coffee and conversation at 9:30; food pick-up 10 a.m. to noon
- Jan. 16, 23, & 30; Feb. 6 - Bible Study at 6:30 p.m.
- Jan. 18 - Electronics Recycling Day from 10:00 a.m. to 2:00 p.m.
- Jan. 22 - TAP Fellowship Dinner at 5:00 p.m.
- Jan. 25 - Leadership Development Day
- Feb. 13 - Valentine's Day Cookies Delivery Ham Loaf Dinner Fundraiser